

Mastering Self-regulation for Children-The Inner and Outer World

23~25 January 2015

3-day Workshop

Trainer: Alé Duarte



Objectives:

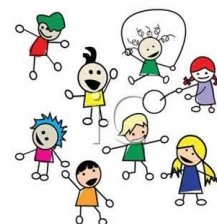
- Deepen your understanding and practice using the 5 phases in the cycle of self-regulation matrix.
- The use of *Integrative Touch* to catalyze self-regulation and increase effectiveness in your sessions
- Working with introspective child with ease and elegance
- Helping extroverted and high-energy children to connect with their sensations and emotions.
- Finding the right timing in the somatic tracking by understanding child's transitions between the inner and outer world
- Understanding the concept of Tides and Flow in the energetic body as a new framework to work with trauma symptoms.

Date: 23-25 January, 2015 (Friday to Sunday)

Time: 9:30 am to 5:30 pm (registration starts at 9:15am)

Venue: Magis Hall, Wah Yan College, 56 Waterloo Road, Kowloon

Fee: \$3,700 (Paid on or before 20 December 2014: \$3,400)



(Code: W1501) *Mastering Self-regulation for Children —The Inner and Outer World*
Enrollment Form

Name: _____ Date of Application: _____

Occupation: _____ Name of organization: _____

Telephone: _____ Email: _____

Method:

- (A) Apply online (www.healingcentre.com.hk), deposit directly to “Hong Kong Centre for Healing Trauma Ltd.” **HSBC A/C: 127-783017-838**. Send deposit slip by fax to: 35791033 or by email to: info@healingcentre.com.hk **and follow-up with a call**. Deposit slip ref: _____
- (B) By cheque: payable to “**Hong Kong Centre for Healing Trauma Ltd**”. Please write name on back of cheque, and send to: Room 1B, Breakthrough Centre, 191 Woosung Street, Kowloon
Cheque no.: _____ Bank: _____ Amount: _____

Additional information :

1. Enrollments are processed on first-come-first-served basis
2. No refund once payment is made and receipts will be distributed on day of workshop
3. We reserve the right to cancel the workshop, and full refund will be made within a month of cancellation
4. The workshop will be cancelled when typhoon signal no. 8 or above is hoisted. Participants will be notified about alternative arrangements
5. We reserve the right to video and voice recording for record keeping or promotion purpose